



**Accommodation  
& Care Solutions**  
Accommodation, Care, Respite & Planning



Extended Services:



**Rehabilitation  
Care Solutions**  
Helping you move forward

## Community Group Programs and Holidays!

Accommodation and Care Solutions provides a range of supported Community Group Programs designed to meet the recreational, social and therapy goals of people with disabilities

### Southern Art Program

When: Monday – Thursday

Time: 9.30-3.30pm

Where: Cheltenham

### Music Group

When: Tuesday 5pm – 7pm &  
Friday 1pm-3pm

Where: Cheltenham

### Community Kitchen

When: Thursday 10am-1pm

Where: Sandringham

### Coffee Club

When: Wednesday 1pm-3pm

Where: Cheltenham

### Go Karting

When: Monday 11am-1pm

Where: Oakleigh South

### Games Group

When: Friday 10am-12pm

Where: Cheltenham

### Peer Support

When: Friday 10am-12pm

Where: Cheltenham

### Art Program Mornington

When: Tuesday 9.30am-3.30pm

Where: Mornington

### Social Dinners

When: Monday – Thursday

Time: 6pm-9pm

Where: Aspendale

### Computer Group

When: Wednesday 10am-1pm

Where: Cheltenham

### Fishing Group

When: Thursday 10am-1pm

Where: Seaford/Mordialloc

### Northern Community Kitchen

When: Wednesday 9.30am-  
11.30am

Where: Bellfield

### Northern Art Program

When: Wednesday 2.30pm-  
4.30pm

Where: Bellfield

### Northern Music Group

When: Wednesday 12pm-2pm

Where: Bellfield

**For More Information  
Please Contact the  
ACARES Community  
Team on 9598 4620**



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## Holiday Expressions of Interest!

Accommodation and Care Solutions provides a range of supported group holidays throughout the year. We also provide individualised holiday planning.

If you are interested in any of the following group holidays or want more information regarding individualised supported holidays please contact the Community Team at ACARES on 95984620

- Phillip Island
- Point Lonsdale
- Queensland
- Ararat – Music Festival
  - Tasmania
- Dandenong Ranges
  - New Zealand



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